

Emergency Contraception Pills (ECP) are large doses of hormones to be taken within 72 hours of intercourse. Preven and Plan B are ECPs, but large doses of the birth control Pill can also be used.

Alternatives to these forms of birth control are abstinence for the unmarried and Natural Family Planning for married couples.

Abortion: Just the Facts

1.3 million babies die from surgical abortion each year. Over 40 million have died since legalization in 1973.

By 21 days, the heart is pumping blood. Arms and legs bud at 28 days. By 35 days, mouth, ears and nose are taking shape. By 42 days the skeleton is formed, the brain is controlling the movement of muscles and organs and the pre born reflexively responds to stimuli. This all takes place before the earliest surgical abortions are performed.

77% of Americans believe abortion takes a human life.

For every one adoption referral, Planned Parenthood aborts 79 babies. In the year 2000, PP took in a record \$69 million by performing abortions. In 1999, gifts from corporations, foundations and others added up to \$160 million. Even though they enjoy a non-profit tax status, they posted a profit of over \$125 million in 1999.

*"The average doctor who does abortions **one day a week** at a clinic averages 25-40 abortions [per day]. He will walk away in his pocket with an average of \$100,000 to \$125,000 a year."*
- Eric Harrah, former abortion clinic owner

Wichita late-term abortionist George Tiller boasts he averages 2,000 abortions a year. Many of these cost at least \$2,000. Estimating this out, his annual income is around \$4 million.

Less than 2% of all abortions are performed to save the mother's life or in cases of rape or incest.

Abortion is the only surgery in which the surgeon is not obligated to inform the patient of the possible risks or even the exact nature of the procedure.

How Are Abortions Done?

Fertilization through 3 Months:

Chemical: see "Birth Control" topic

Suction: A suction machine is inserted through the cervix and rips the baby apart sucking him into a bottle.

Dilation & Curettage (D&C): A loop-shaped knife is inserted into the uterus and slices the baby to pieces and is scraped out.



4-6 Months:

Dilation & Evacuation (D&E): A pliers-like instrument grabs the baby's body parts and rips them from the baby's body.

Saline: A salt solution is injected into the amniotic fluid. The baby swallows this poison and dies a slow and painful death.

Prostaglandin: A hormone is injected into the uterine muscle producing violent contractions. The baby is crushed to death by the contractions or is delivered barely alive and left to die.

Intracardiac Injection (Pregnancy Reduction): A long needle, filled with fluid, is injected into a baby's heart causing an immediate heart attack.

7 Months through Birth

Partial Birth (D&X): After several days of forced cervical dilation, forceps pull the baby's body through the birth canal and delivers all but the baby's head. Sharp scissors puncture the back of the baby's head and a tube is inserted to vacuum out the brain. (Now banned)

Hysterotomy: Basically a Cesarean section where the mother's abdomen and womb are surgically opened and the baby is lifted out to die or is killed by drowning, stabbing, choking or suffocation.

How To Survive Your Abortion

Don't allow anyone to trivialize or dismiss your grief. You have a right to grieve over your lost baby.

Don't be too hard on yourself. You were called upon to make an important life decision at a time when your decision making abilities were hampered by the hormonal changes going on in your body. Others were perhaps pressuring you to abort.

Forgive. It is natural to feel angry and resentful toward yourself and others. Look to God for forgiveness and healing. Jesus came to die for your sins, including abortion. He will forgive you and help you to heal if you ask him to. Find a friend, organization or church that can further help you grow spiritually closer to God and help you through your healing.

"He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." John 1:9

To read a more in-depth, documented report about one of these topics, please contact Friends For Life to request the pamphlet with the same title as the topic's heading.



Abortion Topics



at a
Quick Glance



Ashtabula County Friends For Life
P.O. Box 242, Geneva, OH 44041
(440) 466-7441
E-mail: ashcofriendsforlife@yahoo.com

Log on: www.ashcofriendsforlife.org

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Abortion Risks Women's Health



"In medical practice, there are few surgical procedures given so little attention and so underrated in its potential hazards as abortion. It is a commonly held view that complications are inevitable." - Dr. Warren Hern, world renowned abortionist

Approximately 10% of aborting women will suffer immediate complications, of which about one-fifth are considered life-threatening. Women who have multiple abortions face a much greater risk of experiencing these same complications.

Physical Complications: (partial list)

Uterine Perforation	Bladder/Bowel Injury	Failed Abortion
Hemorrhage	Infection	Cervix Laceration
Severe Bleeding	Sterility	Death
Pelvic Inflammatory Disease	Future Pregnancy Complications	

Post Abortion Syndrome (PAS)

"Every woman...has a trauma at destroying a pregnancy... This is part of her own life. When she destroys a pregnancy, she is destroying herself."

- Dr. Julius Fogel, Psychiatrist/OB who has performed over 20,000 abortions

Symptoms Include: (partial list)

Denial, Anger, Guilt	Despair/Depression	Child Abuse
Unforgiveness	Low Self-Esteem	Promiscuity
Grief/Mourning	Recurring Nightmares/Flashbacks	
Hostility toward men	Drug/Alcohol Abuse	Suicidal Tendencies
Overwhelming desire to have a "replacement" baby		
Loss of tenderness toward infants and pregnant women		

RU-486

RU-486 is a two pill regimen—RU 486 (mifepristone) and a prostaglandin drug Cytotec (misoprostol). Despite warnings by Cytotec's manufacturer, G.D. Searle, concerning the "off-label use" of Cytotec for abortions, and despite the Federal Drug Administration's own data that 90% of women using Cytotec report adverse reactions, the FDA has approved this drug combination for abortion and is now available over the counter.

Complications Include: (partial list)

Profuse Bleeding	Abdominal Pain	Nausea
Vomiting	Diarrhea	Dizziness
Viral Infections	Fever	Blood Clots

"It's an appalling psychological ordeal."

- Edouard Sakiz, former-chairman and CEO, Roussel Uclaf

Breast Cancer Connection

As of January 1999, 25 out of 31 studies worldwide show more breast cancer among women who aborted.

Studies have shown an increased breast cancer risk factor of up to 800% higher for women who abort.

What Abortion Workers Say About Abortion

"It's a nasty, dirty, yucky thing and I always come home angry." - David Zbaraz, abortionist, *Washington Post*, March 3, 1980

"[The abortion procedure is] inherently negative. I don't think that anyone can say that abortion is right... It's a form of life... This has to be killing."

- New York abortionist, *Democrat and Chronicle*, July 5, 1992

"Most physicians regard abortion as a stigmatized operation done by people who are otherwise incompetent and can't do anything else."

- Warren Hern, abortionist, *American Medical News*, Sept. 5, 1994

"If a woman we were counseling expressed doubts about having an abortion, we would say whatever was necessary to persuade her to have the abortion immediately..."

- Judy W., office manager of a Texas abortion clinic

"The doctors would remove the fetus...and then lay it on the table, where it would squirm until it died... They all had perfect forms and shapes. I couldn't take it, no nurse could."

- Former Planned Parenthood director, *American Medical News*, July 12, 1993

"...While sucking the child out of its mother I was also sucking out the mother's soul and leaving an empty shell, an empty tomb. I began to detest what I was doing."

- Beverly McMillan, M.D. OB/Gyn, former abortionist

"[I've seen women] who have just had an abortion... lie in the recovery room and cry, 'I've just killed my baby.' I don't know what to say to these women. Part of me thinks, 'Maybe they're right.'"

- Abortion nurse, *American Medical News*, July 12, 1993

Why "Safe Sex" Doesn't Work!

Naval Research Laboratory (NRL) has found that new latex, from which condoms are fabricated, contains holes 70 microns in diameter. The average condom hole size is 5 microns. A sperm is 25 microns. The HIV virus is 1/10 micron.



Condoms fail 3 to 36% of the time in preventing pregnancy, according to the Center for Disease Control (CDC).

There is insufficient evidence that condoms prevent most sexually transmitted diseases (STDs), according to a report released by the National Institute of Health.

Despite widespread condom-usage education, 3 million new cases of teenage STDs are reported each year.

"Passing out condoms to teenagers is like issuing them squirt guns for a four alarm blaze. Condoms just don't hack it. We should stop kidding ourselves."

- Robert C. Noble, infectious disease physician and AIDS doctor to the poor

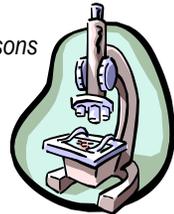
Stem Cell Research: Truth vs. Hype

Embryonic stem cells require the death of tiny embryos in their first few days of life, and have yet to demonstrate any therapeutic benefit to patients. There is sufficient evidence, though, that embryonic stem cells are difficult to control what type of cell they turn into. The major worry of scientists is this possibility of wild growth also known as tumors.

A major publicized development in treating Parkinsonism was the wild growth of implanted cells in the brain causing irreversible and totally disabling involuntary movements on the part of the patient, quoted as being "absolutely devastating, catastrophic, a real nightmare."

"It is unlikely for both practical and biologic reasons that transplantations of fragments of embryonic tissue will be the therapy of the future."

- *New England Journal of Medicine*



Adult stem cells, on the other hand, do not require any loss of life, have been proven for years to help patients, and offer great promise of future medical breakthroughs as research continues.

They Never Told Us That Our Birth Control May Be Killing Our Pre-Born Children!

Life begins at fertilization, that moment when the sperm joins with the egg to form one cell called a zygote. All characteristics of this new person, such as sex, eye and hair color, intelligence, etc., are determined at fertilization.

Abortifacient birth control methods work after fertilization by killing the newly conceived human.

The Pill works in 3 ways, one of which is by preventing the implantation of a newly conceived human being in the lining of the womb during her first week of life, thus starving to death. Forms of the Pill may cause abortions up to 60% of the time.



IUDs (Intra-Uterine Device) contains a chemical that irritates the lining of the womb, causing any newly conceived child to be unable to implant, thus starving to death.

Depo-Provera is an injection received every 3 months and has been used in parts of the world for 20 years specifically to abort children. It works much like the Pill and may cause abortions 40-60% of the time.



Norplant is a drug encased in flexible rods surgically implanted beneath the skin on the upper arm. Pregnancy is aborted due to failed implantation of the baby possibly 50-65% of the time.